

Gear Packing List

Clothing

- 1-2 long-sleeved light weight shirt(s)
- 2-3 T-shirts/tops
- 1-2 light, loose fitting hiking pants
- 1-2 pairs of shorts
- Rain jacket

- Rain pants (if you have them)

- Warm jacket (fleece)
- Underwear
- Swimsuit/trunks

Footwear

- Comfortable shoes for hiking
- River sandals or old sneakers (no flip flops!)
- 3-4 pair of socks

Head gear

- Shade hat or visor with secure straps
- Bandanna

- Wool or fleece hat

Tips:

The items listed are strongly recommended for this Adventure. Clothing durability, versatility and comfort are important. Layered clothing can help you regulate fluctuating temperatures and weather conditions.

Synthetic or wool clothing can keep you warm when you get wet. Cotton and down materials do not.

Sleeping Gear

Compact sleeping bag
Sleeping pad (smaller is better)

Optional Items

Camera (protect against sand, hot, cold, wet or impact)

Plastic bags for dirty clothes

Camping Items

- Water Bottle (at least 1 liter)
- Small backpack
- sunscreen and lip balm (SPF 15+)
- Sunglasses
- Flashlight or headlamp (+ batteries)
- Biodegradable soap
- Insect Repellent
- Hand towel / washcloth (if you want)
- Personal toiletries
- Personal medications

Tents, Dishware, cookware and cooking equipment are provided.

Drinking water, hot cocoa, and powdered lemonade and Gatorade will be provided.

Please remember to do your best to travel lightly.

Excessive gear can represent a lot of bulk and weight over time and distance. We want you to remember this trip positively!

We provide a 35" x 17" waterproof dry bag for all your gear. Waterproof dry bags are constructed of 18 oz. PVC coated polyester fabric and have polypropylene webbing straps with fastex buckles.

It's best to pack clothing, etc. in small "stuff sacks" and have a compressible sleeping bag and pad—all of which go in the dry bag. Depending on how light you pack, tents can also be in your dry bag (or there will be a different dry bag just for tents). You may also bring a daypack on the raft, but place items in zip-lock bags to keep daypack contents dry.